

Advance Care Directives

Enduring Guardianship is the legal form of appointment of a substitute decision-maker in areas concerning your general health and lifestyle. An Advance Care Directive which is sometimes referred to as a 'Living Will' is a different document. It should provide a clear statement that sets out your directions including your wishes and values that need to be considered before medical treatment decisions are made on your behalf. Discussions around these issues are best done with people who are important to you and your doctor.

An Advance Care Directive can be attached to your Enduring Guardianship appointment. Alternatively, you can direct your Enduring Guardian to your separately written Advance Care Directive.

Having your Advance Care Directive and Enduring Guardianship as separate forms provides you with greater flexibility to adjust your Advance Care Directive as your health conditions change without the need to execute a new Enduring Guardianship document. It also allows you to make your Advance Care Directive at a later time in consultation with your health care practitioner.

There is no prescribed format or form for an Advance Care Directive. Should you want to make an Advance Care Directive you can simply write down your wishes. You can find out further information from:

- NSW Health [Advance Care Planning](#)
- [Planning Ahead Tools](#)
- Public Guardian [Information and Support](#)
Locked Bag 5116, Parramatta NSW 2124
02 8688 6070 or 1800 451 510
- [NSW Civil and Administrative Tribunal \(NCAT\) Guardianship Division](#)
Locked Bag 9, Balmain NSW 2041
02 9556 7600
- NSW Diversity Services [Capacity Toolkit](#)

*Information sourced from NSW Trustee & Guardian [website](#) 31.3.2017

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